

Winter 2024 Newsletter

Nibbles & News

The Best of Kids' Cuisine Since 2005

Grinchy Green Pancakes

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Flippin' Festive Christmas Tree Pancakes

Delight your kids on Christmas morn with a stack of easy-to-make Christmas tree pancakes!

Ingredients

- Slices of pineapple for the star
- Wooden skewers or toothpicks to secure the star
- Your favorite pre-measured pancake mix or recipe
- Eggs
- Milk
- Green food coloring (gel works best here)
- Colored sprinkles, candies or fresh fruit for the decor



Instructions

1. Using a sharp knife, cut stars from pineapple slices. Or use a small star cookie cutter to create the shape. Secure stars to a wooden skewer or toothpick to place upon the stack when finished.
2. Make your pancake batter using the directions from your favorite mix or recipe.
3. Mix in 5-6 drops of green food coloring, more if desired, until the preferred shade is achieved.
4. Use a lower heat setting for your griddle for optimal green pancake color.
5. Spoon pancake batter onto the griddle in varying size circles. For each tree "stack," you will make 5-6 small pancakes of varying sizes.
6. Flip pancakes when start to bubble.
7. Stack pancakes on a plate with the biggest circle at the bottom, followed by the next biggest, so the stack gets gradually smaller toward the top.
8. Align the pancakes on the plate so the stack looks like a Christmas tree from the side.
9. Top the stack with the pineapple star topper.
10. Add colored candies, fruit, powdered sugar and or syrup as desired.
11. Enjoy!

CRAFT

SUSTAINABLE FROSTY THE SNOWMAN

When the weather gets frosty, warm up inside with this whimsical snowman craft! Ignite kids' creativity and add a touch of wintry magic to your home with this easy art project made from upcycled items you have on hand.



Supplies Needed:

- Plastic water bottle
- Cotton balls
- Small buttons
- Old sock (kids' or baby socks work best)
- Orange felt or paper
- Ribbon for scarf
- Permanent marker to draw eyes, smile
- Optional: googly eyes
- Glue

Instructions:

1. Show kids how to stuff the cotton balls into the bottle. This is great small motor skills practice!
2. Cut out an orange triangle for the nose
3. Count out 3 buttons for the body
4. Place glue in the middle of the ribbon and secure to the bottle; tie the ribbon into a bow or knot to make the scarf
5. Glue the eyes onto the bottle or use a marker to draw them on
6. Glue small buttons on to make a smile - or even easier, draw one on with a marker
7. To make the hat, hold the top of the sock and roll it down to the heel. Place the sock hat on top of the water bottle and pull down to secure
8. Give your snowman a name!

GINGERBREAD MAN

Celebrate the season by personalizing your own gingerbread cookie!
Print out and decorate.



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Visit food2youinc.com for seasonal menus and more information. Any thoughts or suggestions? We'd love to hear from you! Email us at info@food2youcatering.com.

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